

## **CURRICULUM VITAE**

- FULL NAMES:** - Omar Juma Aly
- DATE OF BIRTH:** - 25<sup>th</sup> January, 1953
- PLACE OF BIRTH:** - Mombasa
- MARITAL STATUS:-** Married with 4 children
- SEX:** - Male
- NATIONALITY:** - Kenyan by birth
- ADDRESS:** - P.O. Box 43171, 80100.  
Mombasa.
- LANGUAGES:** - Kiswahili, English,

### **CURRENT POSITION:**

- Lecturer S.H.H.S Department of Public Health Pwani University Kilifi County September,2015
- Chairman - Post Retirement Medical Scheme Committee looking into the post retirement medical insurance for retired staff of Pwani University.
- Member - School of Graduate Studies of Pwani University 2015 – 2016 to date representing S.H.H.S, Pwani University
- Consultant at Radio Rahma Mombasa – mental health issues.
- Ag. Director, March 8, 2011 to 20<sup>th</sup> October 2011
- Deputy Director Clinical Services, March, 2006 to date.
- Ag. Deputy Director, Clinical Services January 2005-March, 2006
- Assistant Deputy Director Clinical Services from July 2001.
- Head, Department of Mental Health, Moi Teaching and Referral Hospital, Eldoret.
- Part-time Lecturer, Department of Mental Health, Moi University.

- Part time Lecturer, University of Eastern Africa, Baraton.
- Lecturer in Pwani University from 1<sup>st</sup> September, 2015.

## **RESPONSIBILITIES:**

### **DEPUTY DIRECTOR, CLINICAL SERVICES**

- In charge of all Clinical Services in the Hospital.
- Overseeing all activities in the Clinical Services departments of Medicine, Surgery, Mental Health, Child Health and Paediatrics, Reproductive Health.
- Overall and supervisor of all clinical staff – Consultants, Medical Officers, Medical Officer Interns, Clinical Officers, Clinical Officer Interns and Nurses

### **Aq. DIRECTOR**

- 8<sup>th</sup> March 2011 to 20<sup>th</sup> October 2011
- 14<sup>th</sup> December 2010 to 25<sup>th</sup> January 2011
- 14<sup>th</sup> October to 28<sup>th</sup> October 2009.
- 15<sup>th</sup> June 2009 to 3<sup>rd</sup> July 2009
- 15<sup>th</sup> May 2008 to 16<sup>th</sup> June 2008
- 9<sup>th</sup> July 2007 to 20<sup>th</sup> July 2007
- 17<sup>th</sup> June 2007 to 7<sup>th</sup> July 2007
- 14<sup>th</sup> November 2005 to 31<sup>st</sup> December 2005
- 14<sup>th</sup> December 2004 to 17<sup>th</sup> January 2005
- 18<sup>th</sup> December 2000 to 12<sup>th</sup> January 2001

### **CHAIRMAN, DIVISION OF MENTAL HEALTH**

- Day to day activities of Mental Health Services
- Administration of Social Work, Occupational and Physiotherapy
- Ward rounds in the hospital
- Psychiatry clinic day to day running of these clinics.

### **CHAIRMAN OF THE FOLLOWING COMMITTEES**

- Medical Advisory Committee

- Medical Board
- Institutional Research and Ethics Committee
- MTRH Training Centre Policy Committee
- Technical Evaluation Committee
- Hospital Housing Committee
- Alt. Chairman Hospital Staff Disciplinary Advisory Committee
- Alt. Chairman Staff Training and Development Committee

**MEMBER OF THE FOLLOWING COMMITTEES**

- Private Wings Executive Committee
- Senior Management Committee
- Workplace HIV/AIDS Committee
- Hospital Management Team
- Human Resource Advisory Committee
- Eldoret Hospice Committee
- Member of the Council of Founder Members of the Consortium for National Health Research on behalf of Moi Teaching and Referral Hospital.

**QUALIFICATIONS :**

**Primary:** Serani Primary School, Mombasa  
CPE - English A, Maths B, Kiswahili B.

**Secondary:** Allidina Visram High School, Mombassa.  
E.A.C.E. Division I

**University:** Kenyatta University College, High School  
Division Nairobi - Physics E, Chemistry, C  
Biology and B.

**Undergraduate:** University of Nairobi, Kenya  
MBChB (Bachelor of Medicine, Bachelor of Surgery).

**Postgraduate:** - University of Nairobi **Masters in Medicine**  
**MMED** (Psychiatry).

- Victoria University, Manchester UK

## Diploma in Psychological Medicine.

- Gallilee College, Israel, Diploma in Health Systems Management.

## INSTITUTIONS WORKED

**1980 -1981** Provincial General Hospital Machakos, Kenya.  
as an Intern Medical Officer.  
**Reasons for leaving** - Successful completion of Internship.

**1981-1983** Muriranjias Hospital, Muranga, Kenya.  
as Medical Officer Incharge.  
**Reasons for leaving** -Postgraduate studies.

**1983-1984** **Mathare Mental Hospital, Nairobi**  
- Senior House Officer.

**1984-1985** **Mathare Mental Hospital, Nairobi,**  
Registrar

**1985-1986** **Mathare Mental Hospital, Nairobi**  
Senior Registrar

**Reason for leaving** -Successful completion of postgraduate studies.

## EXPERIENCE & RESPONSIBILITIES

- Teaching Senior House Officers at Mathari Mental Hospital, Nairobi
- Involvement in research with my mentor, Prof. H.N.K arap Mengech.
- Part time private specialist work with Prof. H.N.K arap Mengech - 1984-1985.
- Wrote Thesis on "NEW ADMISSIONS INTO MATHARE HOSPITAL" for Masters Degree 1985-1986.

## MOI TEACHING AND REFERRAL HOSPITAL, ELDORET

Posted to then Eldoret District Hospital as a consultant Psychiatrist incharge of North Rift Valley, 1986

- a) Establishment of Psychiatric Services for the North Rift, 1986-88

- b) Outpatients clinics at Kapsabet District Hospital, Kitale, 1986 - 1988
- c) Outpatient clinics at Kapenguria District Hospital 1986-1988
- d) Outpatient clinic at Iten District Hospital. This includes establishment of clinics for Psychiatric services in the said hospitals
- Teaching of students and nurses from the local Medical Training Centre and Hospital.

### **Administration**

Worked as the Medical Superintendent 1988-1989

### **Appointed part time Lecturer**

- a) Teaching of Medical Students from Moi University, Eldoret.
  - b) Teaching BSC Nursing students from University of Eastern African Baraton 1996 - to date.
- 1997                      Acting Head, Department of Mental Health, Faculty of Health Sciences, Moi University.

### **COURSES & SEMINARS:**

1. Attended High-Performing Healthcare organization (LeHHO) Executive Programme January to July 2011 at Strathmore Business School, Nairobi
2. Attended USAID and CDC Compliance and Financial Management Training 28<sup>th</sup> to 30<sup>th</sup> November, 2011.
3. Attended Association of Research Administrators in Africa (ARAA) meeting 3<sup>rd</sup> November to 5<sup>th</sup> November 2010 in Kampala, Uganda.
4. Attended Psychiatric Association Conference, 20<sup>th</sup> to 22<sup>nd</sup> August, 2010 at Nairobi Pan Africa Hotel.
5. Attended the launch of the Revised Clinical Guidelines and Essential Medicines List 14<sup>th</sup> June to 16<sup>th</sup> June 2010.
6. Attended follow up workshop on strategies to fight/eliminate corruption in public services, April 2010 at KIA Kabete, Nairobi.

7. Attended on behalf on Chief Executive Officer Workshop on Strategies to fight corruption in Public Service 5<sup>th</sup> February to 6<sup>th</sup> February 2010 at KIA Kabete, Nairobi.
8. Attended Health Systems Management at Galilee College, Israel 7<sup>th</sup> May to 25<sup>th</sup> May, 2009 for Diploma in Health Systems Management.
9. Attended the 2<sup>nd</sup> Annual East African Health and Scientific Conference - Arusha 24<sup>th</sup> – 28<sup>th</sup> March, 2008.
10. Attended Ambulance Providers' Annual Workshop on the Pre-Hospital Emergency Services at the Silver Springs Hotel on 23<sup>rd</sup> November, 2007.
11. Attended 1<sup>st</sup> Regional Medical Laboratory Science Conference at Eden Roc Hotel, Malindi, from 17<sup>th</sup> - 20<sup>th</sup> April, 2007.
12. Attended "Five-day Training course for Directors", conducted by the Centre for Corporate Governance on behalf of the Commonwealth Fund for Technical Co-operation, Mombasa Serena Beach Hotel, March, 25 – 30<sup>th</sup> March, 2007.
13. Attended World Psychiatric Association Regional meeting at Safari Park Hotel, Nairobi from 21<sup>st</sup> – 23<sup>rd</sup> March, 2007 and presented two papers:-
  - ◆ Mental Illness – Some Islamic concepts
  - ◆ Mental Health Services at Moi Teaching and Referral Hospital
  - ◆ A third paper was also prepared - Mental Health Services, the now, then and the future.
14. Attended African League Against Rheumatism on 18<sup>th</sup> February, 2007 at Hotel Intercontinental, Nairobi.
15. Attended awareness training for top management on ISO 9001:2008, 2<sup>nd</sup> May 2006.
16. The Regional **CINP/AAPAP** Conference – Psychiatric conference in Cape Town, South Africa, April 2005.
17. World Psychiatric Conference April 2003, Nairobi
18. Management of Affective Disorders and Use of SSRI drugs.' As a Resource person at the Aga Khan Hospital, Kisumu, March 2003.

19. Development of a Natural Strategy for Blood Donor Mobilization' at Kenya School of Monetary Studies, Nairobi, 24<sup>th</sup> and 25<sup>th</sup> October, 2002
20. Involved in the consultation report to the Family Health International on the Proposal for a strategy of Blood Donor Recruitment and retention in Kenya at the Kenya School of Monetary Studies Nairobi, April 2002.
19. Kenya Psychiatric Association conference March, 2002.
21. As a resource person for:-
  - ◆ Seminar for Probation Officers held at Asis Hotel, Eldoret. August/September 2000.
  - ◆ Seminar on Disaster and Emergencies at Eldoret and Aviation Training College, Eldoret.
22. Course in "Training for Doctors from Developing Countries" sponsored by the World Health Organization at Manchester Victoria University, United Kingdom. Also participated in proposal writing.
23. Attended a Ministry of Health workshop on "Revision of Mental Treatment Act", at Nairobi culminating into formation of the current Mental Health Act of 1989.
24. Drug Procurement Seminar, Ministry of Health, Nairobi 1989.

**PUBLICATION:**

1. Psychiatric Diagnosis of New Admissions at Mathari Hospital: A Prospective Study O.J. Aly M Dhadphale and CA Reshwick EAMJ VOL. -65 May 1988 Page 292.
2. Demographic and Socio-Economic Patterns Among New Admission to Mathari Mental Hospital, Nairobi. O.J. Aly CA Renshick and M. Dhadphale EAMJ VOL. 65 May 1988 page 325
3. Arap Mengech H.N.K, Ojwang, P.J. Aly O. "A study of the bioavailability and Pharmacokinetics of two different doses of a controlled realize Lithium preparation, Liskonium, in African parents with manic depressive Psychosis"E.A. MED Journ., VOL.61, No. 12th Dec 1984

4. Arap Mengech, H.N.K. "Carbamazepine use in manic depressive psychosis"E.A. MED. JOURN. VOL. 62, NO. 3 March 1985 (The two studies Dr. Omar J. Aly was involved with Prof. H.N.K. arap Mengech.(3&4).
5. Some Islamic Concepts of Mental Illness – Paper presented to World Psychiatric Association Regional Meeting.
6. Mental Health Services at Moi Teaching and Referral Hospital, paper presented to the World Psychiatric Association at Safari Park Hotel, Nairobi, Kenya on 25<sup>th</sup> – 30<sup>th</sup> March, 2007

**REFEREES:**

1. Dr. W. Aruasa  
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2. Dr. Samuel Bwombengi  
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